Professor Cesare Lombroso, the Italian scientist skilled in detecting traces of abnormality, explains in the North American Review the imperfections of the left handed.

People who are more agile with the left than with the right hand are most numerous among "women, children, savages and criminals." The percentage is about 4 per cent among men (operatives and soldiers), 5 to 8 per cent among women and about the same among lunatics.

But among criminals Professor Marro found 13 per cent of the men and 22 per cent of the women left handed. Swindlers offered a greater percentage, no less than 33, and murderers and ravishers only from 9 to 10 per cent.

Professor Lombroso also discusses the far more complex subject of "left sidedness." Certain people are more sensitive upon the left side than upon the right. This condition has no con-nection with left handedness and is highest in lunatics, 44 per cent.

Parrots are left handed, and so are lions. Rollet found in twenty-seven monkeys the left shoulder heavier than

Women, children and primitive races make gestures and simple movements from right to left. This is why women button their garments in a different direction from men and why early ianguages, like the Arabic, are written from right to left. Very old chronometers were wound from right to left, not from left to right, as at pres-

However, Professor Lombroso hedges by saying: "One can without difficulty find among good men real left handedness, as among the greatest evildoers there are some who have not that characteristic. I do not dream at all of saying that all left handed people are wicked, but that left handedness, united to many other traits, may contribute to form one of the worst characters among the human species.

Not So Very Weak.

The train was on a windy pass in the Rockies. There were in the car a few miners, two cowboys, a woman, who looked ill, and a man clothed in very British tweeds. He was evidently used to roughing it and sat beside the open window indifferent to the cold air that swirled into the car.

Behind him sat the woman, shivering. Across the aisle was a large ned westerner. He did not seem to mind the wind himself, but he gave a kind, solicitous glance toward the wo-

After an hour of shivering she leaned forward and asked the man in front of her to close the window. He paid no attention to her request, except that he looked straight ahead and said, addressing himself to the world at large,

"Americans seem to be a weak lot." Then the tall man across the aisle rose slowly. His head came just under the bell cord. He reached across the tweed suit, pushed the owner of it rather rudely into the corner of the seat, laid hold of the window catch with his big thumb and finger and sent the window down with a slam. "I guess we ain't so very weak, pard-

Political economists have told us that self interest is the mainspring of industry. It is not true. Love is the mainspring of industry. It is love for the home and the wife and the children that keeps all the busy wheels of industry revolving, that calls the factory hands early to the mill, that nerves the arm of the blacksmith working at his plow and the merchant at his desk, black expanse of water, vainly endeavthat gives courage to the soldier and patience to the teacher.

court and insist on his right to be heard. "I felt my children," he replied, "tugging at my robe and saying, Here is your chance, father, to get us It is this vision of the chilall in the battle of life.-Rev. Lyman Abbott in Atlantic.

Origin of a Famous Saying. Euclid, who is sometimes called the father of mathematics, taught this subject in the famous school at Alexandria. Being asked one day by the king of Egypt (Ptolemy Soter) whether he could not teach him the science in a shorter way, Euclid answered in words that have been memorable ever since, "Sire, there is no royal road to learning." Not many scraps of conversation have lived, as this reply has, for 2.200 years.

Minerals and Life.

The base of nutrition in all living beings is oxygen, water, salts, carbon and nitrogen. Forster tried to feed dogs on organic substances deprived of nearly all their mineral matter. Death from starvation occurred sooner than If the dogs had been completely without food. M. Herrera says in Revue Scientifique, Paris, "Living beings are but aggregations of mineral substances

LIGHT AND DARK.

Day and night, sunshine and shadow are not more different from each other than a healthful from a sickly woman. The healthful woman carries light and



casts a shadow on her own hap-piness and the happiness of others. She cannot help it. fer cannot smile and sing.

Ill-health in woman is generally trace able to disease of the delicate womanly

\$500 for any case of the above maladies which he cannot cure.

"I feel it my duty to inform you that I had been a sufferer for many years from nervousness with all its symptoms and complications," writes Mrs. O. N. Pisher, of 1561 Lexington Ave. New York, N. Y. "I was constantly going to see a physician. I was induced to ask Dr. Pierce's advice. I then took five bottles of 'Pavorite Prescription.' I am not now cross and irritable, and I have a good color in my face; have also gained about ten pounds in weight and one thousand of comfort, for I am a new woman once more."

The dealer who offers a substitute for "Favorite Prescription" does so to gain

"Favorite Prescription" does so to gain the little more profit paid on the sale of less meritorious medicines. Dr. Pierce's Common Sense Medical

"Gentlemen," said the general-he was chatting familiarly with his staff during a cessation of hostilities-"what we call bravery is purely physical. Real bravery consists not in fighting an enemy, but ourselves. Cowardice or bravery is purely a matter of tempovary nerves."

"Nevertheless, general," said young Captain Fitz Hugh, "we honor the brave and despise the coward. When my nerves go back on me I trust enough vigor will be left to enable me to remove myself from the world of

A puff of smoke appeared at one of the embrasures of a bastion fort on the crest of a hill, followed by a boom, and a shell came plowing up the ground, burying itself in a tree not a dozen feet from the party. A fuse hiss-ed and sputtered, burning rapidly to the vent. Most of the officers present either fell on their faces or ran as fast as their legs could carry them. Fitz Hugh coolly walked up to the shell, pulled out the fuse and threw it away. "Well done, captain," said the gen-

eral. "The battle has reopened." There was a hard struggle. When the fighting was over, there was as much wonder that the young captain came out alive as at his conspicuous bravery. One of his exploits, the leading of a few men against an angle of breastworks wherein the guns were creating havoc, was so conspicuous and so far reaching in its results that he was decorated with a gold medal.

The war ended and Fitz Hugh was a hero to the world for all time. Oc casionally he would overhear some one say: "That's he; the man over there. They say he doesn't know what fear is." At army reunions, when he arose to say a few words, he was so violently cheered that he often gave up the attempt. He was the pet of the petticoats and the admiration of men. The world of adulation in which he lived became the only world he knew, that which he had inhabited before his esty never suffered. He would only wear his medal at social gatherings with the little band who had helped plece in the center of the same prohim earn it and to whom he always insisted it belonged.

Thirty years passed. Fitz Hugh met with reverses that brought on nervous prostration. He was obliged to break away and go on a trip. When he returned he was still weak, melancholy and inclined to study his symptoms minutely, consulting doctors, besides doctoring himself. He recovered, but was not the man be had been a few years before.

One day while he was at the seashore with a party of friends, among whom | that it is now desired to throw it in. was a lady who had consented to be a | The method outlined would be, by all his days, he was walking with her problem. It will be noticed that the through the town when a rough fellow passed them, purposely brushing against the lady. Fitz Hugh remonstrated, whereupon the man took him the end of the sharp point straightby the collar and shoved him up that is, parallel with the line marked against a wall, where he held him for 400-as there would be no guide, wheresome time, then released him with the as by the present method the first furremark that next time he'd better row across the narrow end of the field mind his own business. Fitz Hugh, would be parallel to the short line mortified beyond measure at such treat- marked 400. ment, tried to muster up courage to

touch him. That night, when all were asleep Fitz Hugh, clutching something tightly in his hand, emerged from his room and went to an ocean pier. There he his forge, that inspires the farmer at stood for awhile, looking out on the oring to muster strength of will to plunge. He could not. The waves fill-Erskine was asked how he dared, as ed him with terror. Then he threw an unknown barrister, face a hostile what he held in his hand out into the

The next day he did not appear. His flancee sent for him to go down with her to the beach. He went down looking pale and haggard. She guess dren dependent on us that inspires us ed his trouble, but said nothing. They were sitting on the beach, lower than they were accustomed to do, for the tide was out, looking at the bathers, the gulls, the waves glittering in the sunshine, the ships far out at sea, The lady was thrusting her hand into the sand, grasping it and letting it slip through her fingers. Suddenly they closed on something round and

flat and heavy.
It was the hero's medal.

fore, and she knew why. never to have been brave at all."

himself in a home, which he resolutely distant or in finishing the field it will declined to leave, eschewing especially not come out even at the borders. army reunions. One reunion night his In plowing land of this shape care comrades came and took him away should be taken to drive well ahead at podily, his wife before he left pinning the acute angles, especially at those his medal to his coat without his marked A, or when the last furrows knowing it. Arriving at the room are plowed the extreme angles will not where a dinner was in progress, he be reached. was placed amid cheers in the seat of he commander-president.

no hero and never have been one." drew forth a burst of applause. The for compensation for such damages. captain dropped his eyes and for the first time discovered the medal on his breast. Again he glanced at his combreast. Again he glanced at his com-rades with a mortified expression that

The sugar cane crop of Louisiana
and Texas will be rather short this there surreptitiously.

the din of battle.

F. A. MITCHEL. Farm and Ranch.

and the rainbow is "bride of the rain."

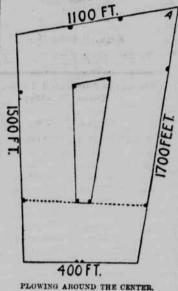
cane of the well." Ordinary Arabic ever courts exist we should seek to words show an extraordinary gift of have them act promptly in the adminisdescription. The word for secretly tration of law. It is a fact that there is means literally "under the matting" often strong temptation to mob vio and never is expressed thus: "When the charcoal takes root and the salt where we have courts and judges. buds." Uncontrolled ascendency of im- is a fearful thing to take any man's life agination marks the Arab and endows without due process of law. Mob viohis nature with a fascination all its lence is murder committed by a whole and the things of nature are a part of himself. Spring he calls "grass;" sum- life at the hands of a mob never former is "gleaning:" autumn is "fruit;" gets the terrible scenes which take winter is "rainy."

Promoters of Courage Spartacus-Women are a great incentive to manly courage, Smarticus-That's right. Since I've been married and had a few tilts with my wife the prospect of a scrap with the meanest man on earth seems like mere child's play to me.—Baltimore



A PLOW STORY.

Country Gentleman, who says: lines were either longer or shorter.

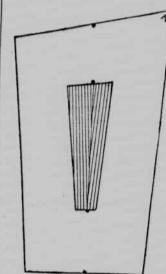


lines or stakes would have to be set either farther from or nearer to the border lines than here indicated.

We have assumed that the shortest base, measure off a strip 200 feet wide (see dotted lines in the first figure) honors being forgotten. Yet his mod- on the other sides just 200 feet wide and strike a furrow along the line of the stakes. This will leave a small portions as the field is. Plow around this center portion, which will result in throwing the land inward instead of outward. Finally plow out the centerpiece. There will be a short middle or open furrow, possibly two or three rods long, at the widest point of the centerpiece, which is plowed out, but being so short will not be objectionable.

It is assumed that because of the irregular shape of this field it has been convenient .lways to throw the first furrow toward the outside border and comfort to the old hero for the rest of means, the simplest way of solving this piece in the center is not brought to a brushing point at the narrowest end of the field

strike the man, but his enemy looked od by which all of the land may be so ugly, so strong, so brutal, so unmer- plowed from the center, but it will reciful, that the ex-hero did not dare quire a good deal of measurement and



"Comrades," he said when the tu- In certain parts of New England deer mult had ceased, "my general once have received rigid protection for a told me that bravery is purely phys- number of years and have become so ical. I have learned he was right. I numerous in consequence that frequent ave been weak enough to think my- complaints are made concerning the self what you think me-a hero. I are damage they do to growing crops. To meet this difficulty Maine and Massa-The words, attributed to modesty, chusetts have enacted laws providing

told the story of its having been placed year. The cane, on account of drought and cool weather, is in an almost un-Then there was a tumult that rivaled precedented condition, lacking in growth and lacking in sugar content.-

There is no language more poetical Our laws protecting life should be than the Arabic language, where better administered. Life is a sacred snow is called "hair of the mountain" thing, and we ought to guard the lives of all, whether rich or poor. There Red mullet is "the sultan of fishes," should not be one law for one class and maidenhair fern is translated by "little another law for another class. Wherlence, but there is no excuse for it An outdoor life is his heritage, community. Any one who has ever seen a poor unfortunate man lose his place,-Rev. Dr. David G. Wylle, Pres-

> Flahed For a Compliment and Got it. Headache, Biliousness Alice (looking at her portrait)—Don't you think that Mr. Van Brush has managed to make rather a pretty pleture of me?

DRINK CURSE OF LONDON.

Grocer's License Regarded as One of The evidence showing the extraordi-nary extent to which the drink curse has undermined the social, physical and moral welfare of the people of London is overwhelming, says the Lon-

All in a position to judge are as one Good methods of plowing and back in the opinion that the great mass of the people have no conception of the ravages which the consumption of drink, especially of the cheap and poisonous kinds, is making upon the physical and moral condition of the people through the weaker sex.

A doctor with a large practice in the suburbs told an Express representative that grocers' licenses are among the greatest curses of the age. "I have traced," he said, "many cases of alcoholism among women to this source. The evil begins with the grocer's license, and in a short time the public house is patronized. "Another evil is the medicated wine,

the trade in which has vastly increased during the past few years. Scores of people who would not touch ordinary wine or spirits ask if they may take a little of somebody's medicated wine. It is nothing but ordinary wine to which a drug has been added. "It is my firm conviction that the use

of such wines cultivates and in some cases awakens a craving for alcohol in stronger form." A member of a public body in West Ham showed an Express representa-

tive round the best parts of the bor-ough on Saturday night. The passing of well dressed women in and out of public houses of the better type was continuous. A visit was paid to what is an admittedly well conducted "hotel." In the saloon bar were forty-five persons, twenty-five of whom were women, including six young girls with young men, evidently sweethearts.

"If you saw what I have to see every day of my life," said a head master of a board school in the east end, "you would hope that the children sent away by the fresh air fund would never con back. If we could only take the children out of the atmosphere in which they are compelled to live there might some hope for them.

"With public houses at every street corner, where boys and girls play every night for want of a better place, what wonder is it that the scenes of drunken, fighting women dull their perceptions and lead them to look upon drunkenness as one of the usual features of their existence.

GERMAN DENOUNCES BEER.

Exposes Fallacy That It Is a Safer Drink Than Whisky, In Muenchener Medicinische Wochen schrift George Keferstein, a noted Ger man scientist, attacks the fallacy that beer is a safer drink than whisky and

"So far as pathological lesions are concerned, no appreciable differences exist between beer drinkers and those who are addicted to the stronger alcoholic liquors. Furthermore, the early idea that beer drinking would largely do away with the use of brandy, whisky, etc., has proved fallacious so far as Germany is concerned.

"The nutritious qualities of beer, which have been loudly exploited by many, are not to be considered when compared with the damage wrought by the alcohol which it contains. Taken all in all, the substitution of beer for the stronger alcoholic liquors as a beverage has been a failure, since its devotees neither live longer nor show better mentality than the consumers of brandy, whisky and the rest."

Chief of Police Hugh Kelley of South Bethlehem. Pa., is following in the footsteps of Burgess Pennypacker of West Chester in an effort to check As a business man, you put not be content merely to send a list of drunkards to the hotel and saloon keepers, as Burgess Pennypacker did. Chief Kelley is collecting the names of all the habitual drunkards in the town and will report them to court for action under the law passed by the last legislature, which provides that drunkards can be placed in confinement in insane asylums. The fear of being sent to the State hospital at Norristown, it is hoped, will be of great aid in encouraging temperance in South Bethlebem.

Judge Scores Grocery Saloons. Magistrate Flammer in the Yorkville police court, New York city, declared himself as follows in the presence of a docket consisting of seventeen drunksfive women and twelve men: "I believe that the liquor stores, where liquor is sold in bottles, are mainly responsible for the increase in drunkenness that I and other magistrates in the city have noticed of late. The poor people can get whisky cheap in these places, and license, while doing away with some few saloons, has caused these liquor stores to open, which, I think, are a worse evil than the saloon."

The increase in the number of women's clubs in London is said to be attended by an alarming increase in the said recently that the drinking of liqgrown to a grievous extent. At these marked decrease in drinking.

Pure Food Law Stops Wine. Under the national pure food law enacted by congress last winter a shipment of white wine from Bordeaux. France, was recently refused admittance, it being found adulterated with may bear the name of Christian, but salicylic acid.

All hall the genial time of year When every heart is kind, When far and near there is good cheer And care is left behind. Old feuds forgot, old hates aside.

At Gay Yuletide.

Now hearty clasps of hand, While far and wide at Christmastide Love reigns throughout the land At gay Yuletide on every side We're "worked" for Christmas sifts

Dyspepsia, Constination, Sick And ALL DISEASES arising from

of All Denominations. The history of centuries reveals the fact that the greater the civilization

The Golden Rule Golden Rule and the principles taught by Christ .- Rev. J. M. Buckley, Methodist, Montclair, N. J. The Church First. We are the citizens of a mighty de-

point, N. Y. Doing Christ's Bidding. No man can do with ease the bid-dings of Christ. But the order is, Do them. "Well done" spells sacrifice. It is a mark of excellence to get that commendation, but the price paid for it is understood to imply a cross, a tomb, a no doubt related to the many phos-

Good and Bad Angels. an angel and a devil in every man."
Is it not just as hard to find the good angel in some who make loud professions as it is to find him in some who make no profession? — Rev. John Thompson, Methodist, Chicago

Spread the Gospel. A wonderful change would be wrought in the world if those who knew the joy of being followers of Christ would go forth and tell it to each one they met. The world would soon realize that the Christian life was a vital matter and would be changed.-Rev. J. W. Baer, Presbyterian, Brooklyn.

The divine teacher, Christ, has a far greater purpose than to merely save his gospel students. He teaches his disciples, who sit at his feet in order that they may become like him, how they in turn may carry his message and truth to the farthermost parts of the earth.-Rev. Dr. Frank De Witt Talmage, Presbyterian, Chicago.

Courage Succeeds. Men without courage constitute the weak set in every community. It is the strong, courageous men everywhere that succeed. The strength of a nation is not in the number of its inhabitants, but the proportion of its men and women who dare to think and have the

The Gift of Love. The gift of love is offered to us or the easiest possible terms. Jesus Christ is the channel through which this gift of love reaches us. Belief is its reception. Belief is more than intellectual assent. The word carries the thought of trust, reliance, dependence. It is the belief that God is able and willing to do all he offers and the trusting him to do it .- Rev. W. N. Rankin,

The Law of Nature. The law of nature is that there can no growth where there is no nourishment, and where conditions of health are essential there will be growth according to nourishment. It is so with plants, animals and man, everywhere and in all time. Man must also receive sustenance for his soul. If he be dead spiritually he must be divinely quickened before he can grow come Christlike. - Rev. George Adams, Methodist, Brooklyn.

life will be lived high, holy and noble. honest, true and incorruptible. On this high plane you go through the world. That life no man can take from you Men may lie about you, they may slander you and persecute you, but they cannot take the Christlike traits from you that are yours as long as you choose to maintain them. - Rev. Dr. George School, Church of the Reformation, Baltimore. Work and Win.

Do not people somehow but really feel that to support the church, to be charitable and generous, to observe the formal requisitions of religion, is enough - that they thereby purchase the goal of spiritual attainment? And how incongruous it is for the people to feel so who know so well that they get nothing in any other department of life without working for it! Work and win is the true law of both the temporal and the spiritual life. Rev. J. B. Clark,

Freedom Through the Truth. There are no more potent words in the Bible than those of my text, "The they are well patronized. The high fruth shall make you free." But how is it to do so? By making known the law of life. The world has been very, very slow in learning that there is no freedom save in law. Those who do not know the truth seek freedom in disorder. It is in God that we live and move and have our being, and the truth means to know how to use the powers of his life in our lives to their perfec-

nor, especially creme de menthe, has Christianity More Than Profession It is not enough to assert that we have the spirit of Christ. That is clubs one sees more whisky and socias on the table at luncheon than one sees cheap and useless. If we have in us at men's clubs, in which there is a the mind that was in Christ we cannot hide it if we would. The temper of Jesus revealed itself through absolute obedience, perfect unselfishness, universal and constant love. The man who refuses to obey God, who ignores the happiness and welfare of others, who fails to enthrone love in his heart, he has no right to it .- Rev. L. A. Crandall, Baptist, Chicago. Knowledge and Christianity.

Man without knowledge would look upon light as a mystery, death as a driven to animal indulgence as an anoTHE MILKY SEA.

A Curious Sight Occasionally Witnessed in Tropical Water Of the many sights witnessed in the oceans of the globe, one of the most curious and most weird is that described by sailors as "the milky sea," ships being surrounded for several hours by water that appears to be a snowy whiteness. The spectacle is restricted to the darkness of night and rare occasions, and, while it is limited mainly to the warmer waters of the tropical belt, it appears to be more common in the Indian ocean than in the Atlantic and Pacific. From the white water the light is so strong that ordinary newspaper print can be read on board ship, but the scene all round is of an awe inspiring description. The horizon is blotted out, sea and sky seem to become one in a sort of universal luminous fog, which, like a London fog, robs the observer of the sense of distance and direction, the deck being life up with a ghastly, shadowless light. Once off the west coast of South America a bucket of the white water emptied back into the sea resembled molten lead. This curious sight has interested phorescent displays common at sea there is no sufficient explanation forthcoming of this particular manifestation or of the singular atmospheric effects resulting from It.

Emperor Charles V. of Austria, by far the most powerful ruler of his day, was thus described as he appeared at table by Roger Ascham, secretary to the English ambassador, in 1550; stood hard by the emperor's table. He had four courses; he had sod beef-very good, roast mutton, baked hare; these be no service in England. The emperor hath a good face, a constant look; he fed well of a capon; I hav had a better from mine hostess Barnes many times in my chamber. He and Ferdinando, king of the Romans, ate together very handsomely, carving themselves where they list, without any curiosity. The emperor drank the best that ever I saw; he had his head in the glass five times as long as any of us and never drank less than a good quart at once of Rhenish wine." was notorious that the emperor ate and drank immoderately, and as a natural result he suffered terribly from gout from the time he was thirty years

A Tender Episode.

A Tender Episode.

"Bring home a turkey; don't forgit,
And praties. Pat; we need 'em."

"Ah, Biddy, if you asked for it
I'd get the Bird of Freedom."

"The eagle: Sure he'd be enough
To keep us from starvation.

But wouldn't he be rather tough?
He's oulder than the nation."

"He tough! Bedad, you re off the track;
Columbia—heaven defend her!—

Puts him upon the dollar's buck,
And then he's legal tender."

—Munsey's Weekly.

Knew His Geography Lesson. Freddy-We had one of the famous Rhode Island turkeys for our Thanksgivin' dinner. Teddy-Huh! So did we. I heard grandpa thank Providence fer it!-

No Celebration. Uncle Rastus-I'ze afeard I ain't goin' ter hab no turkey fer mah Thanksgivin' dis year. Hooks-Why not, Uncle Rastus? Are the prices too high for you? Uncle Rastus-No, sah, but de fences in.-Life.

Shop Walker-She complains that you Aldn't show her common civility. Shopgirl-I showed her everything in

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Unequaled by any other. Renders hard leather soft. Especially prepared. Keeps out water.
A heavy bodied oil. HARNESS An excellent preservative. Reduces cost of your harness. Never burns the leather; its

fficiency is increased. Secures best service. Stitches kept from breaking. OIL Is sold in all Localities

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HEALTH

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Because this great medicine relieves stomach pains, frees the constipated bowels and invigor-ates the torpid liver and weak-ened kidneys

No Doctor

is necessary in the home where Thedford's Black-Draught is kept. Families living in the country, miles from any physician, have been kept in health for years with this medicine as their only doctor. Thedford's Black-Draught cures biliousness, dyspepsia, colds, chills and fever, bad blood, headaches, diarrhoza, constipation, colic diarrhesa, constipation, colic and almost every other ailment because the stomach, bowels liver and kidneys so nearly con-trol the health. trol the health.

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The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his per-Charff, Fletcher. sonal supervision since its infancy.
Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

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Small doses cure. All druggists. Want your moustache or beard a beautiful BUCKINGHAM'S DYE for the

Laxative Bromo Quinine Cures a Cold in One Day, Grip in 2 Days 6. M. Grow box. 25c

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NORTHBOUND. No. 2* No. 14* No. 44
Pass. Pa | Pass | 10 Hours QUICKER THAN West Lv Lexivgton... 410am 1140 m 2 00pn Stanaton... 545am 1 15pm 5 00pn Harrisonburg 634am 2 10pm 7 00pn

Train 8 and 14 connects with Southerr

v Strasburg Junction.... Japon Road \$20 am Winchester.... Stephenson 9 11 am .110 10 am Washington.... Baltimore..... 112 55 am Philadelphia.... Ar New York..... 5 40 pm

No. 59 Pass. 8 00am 10 40am Charlestown..... tephenson..... Winchester.... Capon Road..... Ar Strasburg..... 12 20pm

Train 59 connects with Southern R. Ra. Strasburg Junction for Harrisonburg and points on Valley Railroad.

SOUTHROUD, No. 59 No. 17 Pass. Pass. Ly Harrisonburg 2 30 pm 7 15am Staunton . . . 3 45pm 8 10am Ar Lexington . . . 5 22pm 9 45am

*Dally except Sunday.
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A Perfect For All Throat and Lung Troubles. Money back if it fails. Trial Bottles free.

N&W Norfolk Mestern nedule in effect November 29, 1903.

Leave Buena Vista. NORTHBOUND NORTHBOUND,

2 9:56P, M, Daily, For Basic, Luray
Hagerstown and New York, Pullman sleeper to Philadelphia.

No.14, 3:36 P. M. Daily, For Hagerstown,
Washington, Baltimore, Philadel
phia, New York and Intermediate
stations, Pullman sleeper to New
York via Harrishore.

York via Harrisburg SOUTHBOUND. No. 1, 7 05 A. M. Daily. For Roanoke, Bristol, Bluefield, Norton, Win ston-Salem, Welch and interacedi ate stations. Pullman sleeper Philadelphia to Welch.

the Standard Family Pill. No. 13, 2,69 P. M. Dally. For Roanoke, Bristol, Bluefield, Winston Salem and intermediate stations, and Knoxville, Chelmati, Columbus, Chicago, and points West and Southwest, Pullman sleeper to Knoxville and Roanoke to Colum-

> Additional information and rates cheer dly furnished by C. H. Moffett, Ticket Agent, Buena Vista, Va.

M. F. Brago, Trav. Pass. Agent. W. B. Brvill, Gen. Pass. Agent

C. & O. CHESAPEARE & OHIO RICHMOND

Schedule in Effect Nov. 1, 1908,

CINCINNATI

STATIONS | No. 80 | No. 82 | No. 84 | Ex Sun | No. 84

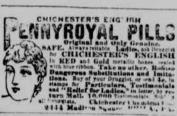
Train S and 14 connects with Southert at Harrisonburg for Strasburg

Lv Lexington
Lv East Lexington 10 25 am 4 copm 10 25 am 10 2 No. 80 connects at Lynchburg with Southern Railway, North and South. No. 82 connects at South Glasgow with No. 9for Clifton Forge and the West. No. 84 connects at South Glasgow for Lynch.

> FOR CINCINNATI AND THE WEST Ally, Glasgow
> Arr ve South Glasgow
> Leave South Glasgow
> Arrive Clifton Forge,
>
> Va. Hot Springs,
> Cincinnati

Pullman Sleeping Cars from Clifton Forge to incinnati, St. Louis and Louisville. Trains Arrive at Lexington: 12 45 p. m. Daily from Clifton Forge.
6 30 p. m. Ex. Sunday from Richmond, Old.
Point and Norfolk.
8. 20 a. m. Ex. Sunday from Lynchburg.
For rates, tickets and other information apply to S. O. CAMPBELL, City Ticket Agent, Lexington, Va. H. W. FULLER, General Passenger Agent

C. E. DOVLE, General Manager. CASTORIA The Kind You Have Always Bought Bears the Chart Hetcher.





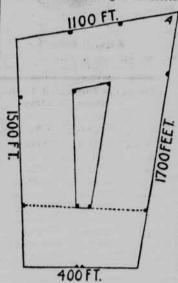


organism. Many women have been restored to happiness by the use of Dr. Pierce's Favorite Prescription. If there is an invalid woman, suffering from female weakness, prolapsus, or falling of womb, or from leucorrhea who has used Dr. Pierce's Favorite Prescription with out complete success Dr. Pierce would like to hear from such person—and it will be to her advantage to write as he offers, in perfect good faith, a reward of \$500 for any case of the above maladies

Adviser is sent free on receipt of stamps to pay expense of mailing only. Send at one-cent stamps for the paper-covered book, or 31 stamps for the cloth bound, address Dr. R. V. Fierce, Englis, S. V.



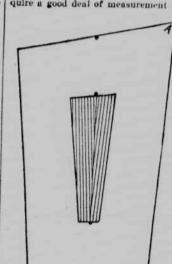
furrowing an iregular field of the shape shown in the diagram were originally given by a writer in the have assumed a certain length for the lines in the diagram. The solution of the problem would be the same if the



The only difference would be that the

line is 400 feet. Using this line as a Then set stakes (indicated by dots in the diagram) so as to take off strips

The second figure represents a meth-



PLOWING FROM THE CENTER much skill. As the diagram shows, a He confessed to her that he had ridge is struck in the center of the thrown it into the water the night be- field and reaching within 200 feet of the ends of the field. After the ridge is "It is better to have been brave," she struck short furrows are plowed until said, "and lost one's bravery than the lines on the right and left hand sides are made parallel with the border When the ex-hero returned to the lines, but great care will have to be city he married his fiancee and settled taken to get all of these sides equally

byterian. New York.

Edith-Yes, he really has. What a

RELIGIOUS THOUGHT,

Jems Gleaned From the Teachings

the more honorable labor becomes.-Rev. R. H. Hood, Presbyterian, Pittsburg. There are men today who are giv-ing their millions to endow colleges and libraries whose wealth has been obtained in direct contradiction to the

mocracy upon this vast continent. Our loyalty receives its inspiration from the teachings of our holy faith; but, above all, we are the followers of Christ and the obedient children of our pontiff .-Rev. P. F. O'Hare, Catholic, Green-

byterian, Northfield, Mass. "We are too ready to label men liars and sinners," says Tennyson. "There is

Purpose of Christ's Teaching.

courage of their convictions.—Rev. W. M. Martin, Methodist, Brooklyn.

Presbyterian, Denver.

Cannot Be Taken Away. You determine within you that your

Presbyterian, Detroit.

drinking habit. The London World tion.-Rev. Wilson M. Backus, Unitarian, Chicago.

horror and in his despair would be dyne to still the ever present torture of aspirations of which he knew not the meaning, desires be was powerless to gratify, and thus would be pass from eternity to eternity over the narrow isthmus of time without knowing or understanding the sublimity of his destiny or the attributes of his Creator until it would be all too late. But project the flashlight of knowledge in is soul, and what a transformation do we not behold! The darkness that enveloped him is cleared away; he beholds broader horizons than he ever ures at his feet; the natural sciences disclose the marvels of creation and the harmony of nature's laws; philosophy gives him the assurance of a soul that is immortal, and he realizes him-Torpid Liver and Bad Digestion self to be the lord of the visible world, The natural result is good appetite and solid flesh. Dose small; elegantity sugar coated and easy to swallow.

Take No Substitute.

Take No Substitute.